



The Garden Spot

.. Sharing the American Dream



Message from the Mayor

Within a few days of taking office last January, the City Council, Mayor, and Staff organized a retreat where we developed vision and mission statements and established priorities for 2006-2007. We are now halfway through the two years we planned for. The following is a brief report of what we have accomplished on three of the five priorities. I will report on the other priorities next month. If you have suggestions for what you think should be city priorities, please let me or a member of the Council know.

Priority 1: Community Involvement (Council Members Stacie Gomm and Trent Rasmussen)

- Evaluated the city celebration and moved it to June 8th and 9th.
- Evaluated and set priorities for recreation programs and facilities.
- The Historical Preservation Committee is developing ideas about how to best produce a companion volume to the 1974 Providence history titled *Providence and her people*.

Priority 2: Communication (Council Members Stacie Gomm, Ron Liechty, and Mayor Simmons)

- Upgraded the city webpage to include better and timelier information.
- The newsletter was redesigned to include more information.
- Instituted a 15 minute segment for citizen comments in City Council meetings.

Priority 3: Water (Council members Kathy Baker, Ron Liechty, Deon Johnson, and Mayor Simmons)

- Resolved long-standing disputes and misunderstandings with Spring Creek Water Company.
- Forecast future water demand and compared with existing water rights. Found Providence City has adequate water to meet peak demand when all lots are developed.
- Are developing a water plan to better utilize Providence City's shares in Spring Creek and Blacksmith Fork Irrigation Companies.
- Are purchasing 3.25 million gallons of water rights to use in wells for increasing our summer supply.
- Completed the water lines up the canyon and installed the pumps so water from wells can be pumped to the canyon water tank if necessary.

— Mayor Randy Simmons —

January Calendar

JAN. 1 NEW YEARS DAY

**JAN. 9 CITY COUNCIL
6:00 PM**

**JAN. 10 PLANNING COM-
MISSION 6:00 PM**

**JAN. 15 MARTIN LUTHER
KING JR. BIRTH-
DAY**

**JAN. 23 CITY COUNCIL
6:00 PM**

**JAN. 24 PLANNING COM-
MISSION 6:00 PM**

**JUST A RE-
MINDER PLANNING
COMMISSION
AND CITY COUN-
CIL MEETINGS
ARE HELD AT
THE CITY OF-
FICE BUILDING**

CITY COUNCIL RESENT ACTIONS

- ▶ Oath of Office was given to the 2007 Youth Council.
- ▶ The City Council approved a Proclamation declaring January as Literacy Month.
- ▶ A resolution was adopted updating the Providence City fee schedule.
- ▶ A resolution was adopted increasing the capital asset minimum to \$5,000.

GOT INTERNET?

To view the Providence City newsletter online, visit our website at:
www.providencecity.com



Happy New Year! May 2007 bring you good health and happiness!

MESSAGE FROM THE LIBRARY

Did you know?

- * January is National Radio Month.
- * January is Innovative Thinking Month.
- * January is Walk Your Pet Month.

Sherid Peterson, our Bookmobile Librarian will be retiring January 2, 2007. The public is invited to an Open House in his honor at the library on Saturday, January 6, 2007 from 12:00 pm to 2:00 pm. Please come and bid Sherid a happy retirement!

The Library will be closed January 1st for New Year's Day and Monday, January 15th for Martin Luther King Jr.'s birthday.

Preschool Story Time

Preschool story time will be held on Tuesday and Thursday mornings at 10:30 am and Thursday afternoons at 2:00 pm. Story time will resume January 9, 2007.

Chapter One Club

Juvenile reading club will be held the second Friday of each month from 4:00 pm to 4:30 pm. Notice the time change—we're hoping to accommodate more juvenile readers. Please come and join us on Friday, January 12th.

Utah Kids Ready to Read! Narrative Skills

*Being able to tell or re-tell a story helps children understand what they read.
Tell stories together, encourage pretend play, and let your child be a story teller.*

PROVIDENCE CITY ANNOUNCEMENTS:

CITY OFFICE CLOSED: The City Office will be closed January 15th for Martin Luther King Jr's Birthday.

SOCCER REGISTRATION (DISTRICT 7): District 7 Youth Soccer registration will be held in the City Office on February 3, 2007 from 10:30 a.m.—2:00 p.m. and February 6, 2007 from 6:30 p.m.—9:00 p.m. An additional fee will be charged for those who do not sign up on time. For more information contact Janet Blad at 752-5618.

PARK RESERVATIONS: Zollinger and Vons Park may now be reserved for summer 2007. Reservations are given on a first come first served basis. For fee and park questions, call 752-9441 ext. 22 or visit www.providencecity.com.

TREE RECYCLING: Any Christmas trees may now be dropped off in designated areas at Zollinger Park. Zollinger Park is located at 61 North 200 West in Providence.

BILL PAY: When paying your Utility Bill through payment processing centers, please make sure you verify your utility account number so we can process it correctly on our end.

WINTER PARKING: Just a reminder that no vehicles can be parked along the road between November 1st and April 1st from Midnight and 6:00 a.m. Vehicles not complying with this ordinance will be given a \$25 citation.

DOG LICENSING

It is now time to renew your dog license for 2007. ALL dogs residing in Providence need to be registered. This includes dogs who "never leave the house". To avoid a late fee, register your pet at the Providence City Offices by January 31st. A copy of current rabies shots will need to be provided if not previously received.

January is Literacy Month

"Touching A Life, Strengthening a Family,

Unifying a Neighborhood"

Bridgerland Literacy is a private, non-profit organization that trains volunteer tutors and matches them with students who need help with literacy skills, including reading, writing, spelling, mathematics, and basic computer skills. Instruction is one-on-one, confidential and geared to individual needs and abilities.

For Information, contact Bridgerland Literacy office at 716-9141 Monday through Thursday.

BUSINESS LICENSING

Please take care of your license renewal by January 31, 2007. Providence City Code states that business licenses are due for renewal on January 1st. Those not paid for by February 1st will be considered delinquent, and will double in price. The fee will double again on March 1st and on April 1st the license will be revoked.

NOTE: *The Providence City Council approved the following fee schedule changes:*

- ▶ All Commercial business licenses will cost \$50 per year.
- ▶ All Home occupations and home businesses will pay \$25 per year.

NEW THIS YEAR!

The 2007 Providence Community Calendar

includes everything you want to be reminded of:

Holidays

Public Meetings

Justice Court

Recreation Sign-ups

City Events

And Much More

DON'T BE LEFT OUT...

Get yours in the City Office today for only \$5!

-PLUS-

- It makes a great gift
- Perfect for all ages
- Includes local photography

HEALTH TIPS FROM CACHE VALLEY ASSISTED LIVING

OTC Drugs: Special Groups at Risk of Adverse Effects:

Over-the-counter (OTC) drugs are products you can buy without a doctor's prescription. These medicines have a low risk of side effects when they are used occasionally by healthy adults.

What should I know about giving OTC products to children?

When used as directed, OTC products are not likely to cause problems for children. However, it's important to remember that children process drugs differently than adults.

- * Acetaminophen is often a good choice for pain relief in children. Children who are allergic to aspirin are also likely to have problems using ibuprofen. Children who have asthma may have an allergic reaction to aspirin and ibuprofen. Talk to your doctor before giving one of these medicines to your child. Don't give aspirin to children under the age of 18 if they may have the flu (influenza) or chicken pox because they have a higher risk of Reye's syndrome (a drug reaction that can lead to brain injury).
- * It's very easy to give too much of an oral decongestant to a child. Before using one of these products, talk with your doctor. Decongestant nose drops should not be used for more than 3 days.

Be sure you follow the directions on the drug label to determine how much medicine to give your child and how often to give it to him or her. If your child has a bad response after taking an OTC drug, tell your doctor right away. Talk with your family doctor if you have any questions about giving your child OTC medicines.

What should women who are trying to get pregnant, are pregnant or are breastfeeding know about OTC drugs?

If you're trying to get pregnant, are pregnant or are breastfeeding, check with your doctor before taking any drugs or herbal health products. Even drugs you can buy without a prescription can cause birth defects or affect a nursing baby.

What should I know about OTC medicine use in older adults?

Often, older adults use many drugs at the same time, including prescription and OTC drugs. They also process drugs differently than younger adults. If you are an older adult, talk with your doctor about all of the drugs and herbal health products you take.

- * If you use an NSAID, you may be at risk of kidney disease and gastrointestinal (GI) bleeding.
- * The decongestant pseudo-ephedrine can increase blood pressure in your eyes. This can lead to glaucoma. Pseudo-ephedrine also reacts badly with many other drugs, such as beta-blockers, indomethacin, methyldopa, antidepressants, insulin and some products that treat low blood sugar.
- * If you take any drugs for a seizure problem, you should not use pseudo-ephedrine.
- * If you use a monoamine oxidase inhibitor (MAOI), avoid using pseudo-ephedrine or the cough medicine dextromethorphan. Pseudo-ephedrine and dextromethorphan can change the way MAOIs work in your system.
- * Antihistamines can cause drowsiness and blurred vision, which may increase your risk of falling. These medicines can also cause dry mouth and trouble urinating.

What other groups should be careful about using OTC drugs?

Talk to your doctor before taking an OTC medicine if you have one of the following conditions or any other health problem; Breathing problems, Bleeding disorders, Diabetes, Enlarged prostate gland, Epilepsy, Glaucoma, Gout, Heart disease, High blood pressure, Immune system problems, Kidney disease, Liver problems, Parkinson's disease, Psychiatric problems, Stroke, Thyroid problems.

If you take any prescription drugs you may be at greater risk of problems from taking OTC drugs. Before taking an OTC medicine, let your doctor know all of the other medicines you are taking.

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